

IMPULSTANZ

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ImPulsTanz 2024: Workshops, education & studios – movement away from the festival

The ImPulsTanz Country Retreats in beautiful Umbria are entering their second round – from May to June and August to October 2024! The Embodied Myoreflex Therapy Practitioner Training takes place once again from November 2024 to May 2027. The Studios at Rennweg and Seestadt are available for rent to artists in the field of performing arts all year round. And on 15 February, it's time to dance at the ImPulsTanz Winter Special at Rote Bar at Volkstheater – to concert performances with Akemi Takeya & Sebastian Bauer, KERN & QUEHENBERGER and BULBUL and a DJ line-up with B.Visible, HANNA x D!ZZY and Moska!

After a successful start last year, the **ImPulsTanz Country Retreats** at Tenuta di Poggiolame Manor in Umbria, Italy, once again invite to dance from May to October in 2024. There is only a break during the ImPulsTanz – Vienna International Dance Festival, which takes place in Vienna from 11 July to 11 August. The following teachers are taking part: **Terence Lewis** (with *Inside out & Bollywood – Fantastic Fun meets Creative Process* from 14 to 21 May), **Glenna Batson & Kerstin Kussmaul** (with *Un/folding & Rewilding – Deep Diving into somatic ecologies of movement* from 29 May to 5 June), **Sri Louise** (with *After the Gold Rush – Yoga, Country Line Dancing, and the Chorus Line reinterpret Spaghetti Western* from 16 to 23 August), **Defne Erdur** (with *wit(h)nessing – Inner and outer habitats* from 30 August to 6 September) and **Shinichi Iova-Koga** (with *The Presence of Spirals – Qi Gong, Dao Yin & Butoh* from 27 September to 4 October). Registrations are accepted on an ongoing basis.

Information & registration: www.impulstanz.com/retreats

From November 2024 to May 2027, ImPulsTanz offers again the **Embodied Myoreflex Therapy Practitioner (EMP) Certification** by **Kurt Mosetter** and **Kerstin Kussmaul**. This is aimed at dance and movement practitioners, art and other educators, artists, therapists and social workers who want to learn effective, practically applicable embodied practice. Participants in the EMP programme learn to apply neuro-myo-fascial movement practice, unlock the full movement potential of clients and deal with a variety of issues such as pain, trauma and dysfunctional movement habits. Registration is open until 25 August 2024.

Information & registration: www.impulstanz.com/emp

In 2024, the **Rennweg and Seestadt Studios** are again open to dancers and performers of the independent scene, funded by the Cultural Department of the City of Vienna and the District Administration of the 22nd district of Vienna and with the friendly support of Wien 3420 aspern Development AG. A total of six studios between 88 and 330m² and three co-working spaces can be rented easily and unbureaucratically by emailing to studio@impulstanz.com – the studios for a maximum period of six weeks and the co-working spaces for longer periods. The rooms are ideal for rehearsals, residencies and the realisation of individual artistic projects as well as showings.

Information & rental: www.impulstanz.com/studios